

ELLIOTT B. HERSHMAN, MD

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Lake Success, NY 11042
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Education and Professional Training:

1975	B.A. with High Distinction, Biology University of Rochester Rochester, New York
1979	M.D., University of Rochester School of Medicine Rochester, New York
July 1979 - June 1980	Intern, Department of General Surgery Lenox Hill Hospital, New York, NY
July 1980 - June 1981	Jr. Resident, Department of Orthopaedic Surgery Lenox Hill Hospital, New York, NY
July 1981 – December 1981	Sr. Resident, Department of Orthopaedic Surgery Children's Hospital Medical Center Harvard Medical School Boston, MA
January 1982 - June 1983	Senior Resident , Department of Orthopaedic Surgery Lenox Hill Hospital, New York, NY
July 1983 - June 1984	Chief Resident, Department of Orthopaedic Surgery Lenox Hill Hospital, New York, NY

July 1984 - June 1985 Fellowship, Section of Sports Medicine
Department of Orthopaedics
Cleveland Clinic Foundation
Cleveland, OH

Academic Appointments:

1991 - present Vice Chairman
Department of Orthopaedic Surgery
Lenox Hill Hospital

1985 - present Attending, Orthopaedic Surgeon
Lenox Hill Hospital

1993 - present Assistant Clinical Professor of Orthopaedic Surgery
Mt. Sinai School of Medicine

1985 Consultant, Nicholas Institute of Sports
Medicine and Athletic Trauma (NISMAT)
Lenox Hill Hospital

1986 - 1991 Director, Basic Science Program
Department of Orthopaedic Surgery
Lenox Hill Hospital

Professional Activities:

1992 - current Team Orthopaedic Surgeon
NFL, New York Jets Football Club

1986 - 1991 Assistant Orthopaedic Surgeon
NFL, New York Jets Football Club

1996 - present Team Orthopaedic Surgeon
NHL, New York Islanders

1989 - present Orthopaedic Consultant - Hunter College
Athletic Program

2000 - present Orthopaedic Consultant
New York Dragons Arena Football Team

Prior Professional Activities:

1994 Medical Officer - Sports Medicine
World Cup Soccer
New York ~ New Jersey Venue

2003 - 2005 Team Orthopaedic Consultant
Westchester Wildfire USBL Basketball

Professional Licensure/ Exams:

American Board of Orthopaedic Surgery, 1987; Recertified 1998; 2008
State of New York, License No. 146159 (1981)
State of New Jersey, License No. 61930 (1995)

Current Research:

Principal Surgeon (Italy), Investigator
NUsurface Meniscus Prosthesis
Active Implants Corporation (AIC)
Clinical trial in progress in Italy
In review with the FDA

Principal Investigator
Sports Medicine Outcomes: Multi-center ACL Revision
Study (MARS)
NIH Clinical Trial (NCT00625885)

Current Committee Appointments:

Chairman,
NFL Injury and Safety Committee
1999 – present

NFL Injury and Safety Committee, 1994 – present

Past Committee Appointments:

Council of Delegates
New York State Representative
American Orthopaedic Society for Sports Medicine
1997 - 2001

American College of Sports Medicine

Committee for Youth Clinics in Sports Medicine
1990, 1991, 1992, 1999

Ad hoc Committee
Certificate Added Qualification
American Orthopaedic Society for Sports Medicine
1995 – 1998

Board of Medical Directors
Orthopaedic Research and Education Foundation,
1993 – 1997

Board of Directors
American Orthopaedic Society of Sports Medicine
1994 – 1996

Chairman, Research Grant Review Committee
Arthritis Foundation
1992 - 1995

Program Committee
American Orthopaedic Society for Sports Medicine
1991 - 1995

Executive Board
Greater New York Regional Chapter
American College of Sports Medicine
1987 - 1994

American Red Cross
Tissue Services Advisory Committee
1992 – 1993

American College of Sports Medicine
Committee on Team Physician Certification
1991, 1992, 1993

State Liaison Committee
American Orthopaedic Society for Sports Medicine
1989 - 1990

Medical Organization Memberships:

American Academy of Orthopaedic Surgery (AAOS)
American Orthopaedic Society for Sports Medicine (AOSSM)
American College of Sports Medicine (ACSM)
NFL Team Physicians Society
NHL Physicians Society
International Society of Arthroscopy (ISAKOS)
New York Society of Orthopaedic Surgeons
Eastern Orthopaedics Association (EOA)
New York State Medical Society
New York County Medical Society
American Medical Association (AMA)

Publications

Articles:

Herring SA, Bergfeld JA, Boland A, Boyajian-O'Neill LA, Cantu RC, Hershman E, Indelicato P, Jaffe R, Kibler WB, McKeag DB, Pallay R, Putukian M. Concussion (Mild/Traumatic Brain Injury) and the Team Physician: A Consensus Statement. *Medicine & Science in Sports & Exercise*. November 2005.

Tyler TF, Nicholas SJ, Hershman EB, Glace BW, Mullaney MJ and McHugh MP. The Effect of Creatine Supplementation on Strength Recovery After Anterior Cruciate Ligament (ACL) Reconstruction: A Randomization, Placebo-Controlled, Double-Blind Trial. *Am J of Sports Medicine*. 32: 383-388, March 2004.

Moorman III CT, Warren RF, Hershman EB, Crowe JF, Potter HG, Barnes R, O'Brien SJ, Guettler JH; Traumatic Posterior Hip Subluxation in American Football. *J of Bone and Joint Surgery*. 85(7), 1190, July 2003.

Tyler TF, Hershman EB, Nicholas SJ, Berg JH, McHugh MP; Evidence of Abnormal Anteroposterior Patellar Tilt in Patients with Patellar Tendinitis with Use of a New Radiographic Measurement. *Am J of Sports Medicine*. 30(3) 396-401, June 2002.

Touliopoulos SJ, Hershman EB; Lower Leg Pain: Differential Diagnosis and Treatment of Compartment Syndromes and Other Pain Syndromes of the Leg. *Sports Medicine* 27(3) 193-204, 1999.

Touliopoulos SJ, Tyler TF, Hershman EB, Nicholas SJ, Gleim GW; Roentgenographic Reliability of Patellofemoral Alignment in the

Sagittal Plane: The Patellofemoral Anterior/Posterior Tilt Angle. *J Orthopedic & Sports Physical Therapy* 27 (1):94, 1998.

Talarico LD, Duffey TP, Hershman EB, Sanders R; Investigating the Subtle and Obvious Causes of Hip Pain. *Patient Care* 31 (18) 76-81, 1997

Tyler TF, McHugh MP, Hershman EB, Gleim GW, Nicholas SJ; Pre-op ROM and strength as predictors of 6 month post-op measures of knee function following ACL reconstruction. *J Orthopedic & Sports Physical Therapy*. 23(1), 1996.

Henline D and Hershman EB. Baker's cyst and the threat of meniscal tears. *SportsMed in Primary Care*. 1996;1(10):75-76.

Drillings G, Henline D, Hershman E. Common tennis injuries. *Hospital Med*. 1995;31(7):20-27.

Gelfand J and Hershman EB. The "wrap" on elastic bandages. *SportsMed in Primary Care*. 1995;1(7):50-51.

Torg J, Currier B, Douglas R, Hershman EB and O'Leary P. Symposium: spinal cord resuscitation. *Cont Orthop*. 1995;30(6):495.

Hershman EB. Has MRI been given the cold shoulder? *SportsMed in Primary Care*. 1995;1(5):37-38.

Saperstein AL and Hershman EB. Technical considerations in anterior cruciate ligament reconstruction. *Current Concepts in Sports Med*. 1994;(3):31-34.

McHugh MP, Spitz AL, Lorei MP, Nicholas SJ, Hershman EB and Gleim GW. Effect of ACL deficiency on economy of walking and jogging. *J Orthop Res*. 1994;12(4):592-597.

Huie G and Hershman EB. The team clinician's bag. *J Am Acad of Physician Assts*. 1994;7(6):403-405.

Lorei MP and Hershman EB. Peripheral nerve injuries in athletes: treatment and prevention. *Sports Med*. 1993;16(2):130-147.

Goldberg B and Hershman EB. Understanding overuse injuries in young people. *Phys Sportsmed*. 1994;22(3):53.

Yang S and Hershman EB. Idiopathic brachial plexus neuropathy: a review. *Crit Rev Phys Rehab Med.* 1993;5(2):193-201.

Hershman EB. Managing skin conditions of the foot in athletes. *J Musculoskel Med.* 1993;10(3):67-73.

Katchis SD and Hershman EB. Broken nails to blistered heels. *Physician Sportsmed.* 1993;21(5):95-104.

Main WK and Hershman EB. Chronic knee pain in active adolescents. *Physician Sportsmed.* 1992;20(3).

Drillings G, Nicholas JA and Hershman EB. Common tennis injuries. *Hosp Med.* 1991;27(8).

Magnusson P, McMahon M, Gleim GW, Hershman EB and Nicholas JA. Strength and balance in functional ankle instability. *Med Sci Sports Exerc.* 1991;23(4):S85.

Hershman EB. Brachial plexus injuries. *Clin Sports Med.* 1990;9(2):311-329.

Thompson TL, Hershman EB and Nicholas JA. Rehabilitation of the injured athlete. *Pediatrics.* 1990;17(4):260-262.

Hershman EB, Lombardo J and Bergfeld JA. Femoral shaft stress fractures in athletes. *Clin Sports Med.* 1990;9(1):111-119.

Hershman EB and Mailly T. Stress fractures. *Clin Sports Med.* 1990;9(1):183-213.

Mailly T and Hershman EB. Stress fractures: management guidelines for a chronic sports medicine problem. *Post-graduate Advances in Sports Medicine.* 1989;4(20):1-13.

Clain MR and Hershman EB. Overuse injuries in children and adolescents. *Physician Sportsmed.* 1989;17(9):111-124.

Hershman EB, Wilbourn A and Bergfeld JA. Acute brachial neuropathy in athletes. *Am J Sports Med.* 1989;17(5):655-659.

Hershman EB, Bjorkergren AG and Fielding JW. Osteoid osteoma in a cervical pedicle: resection via transpilliar approach. *Clin Orthop*. 1986;213:115-117.

Hershman EB, Bercik RJ, Allen S and Fielding JW. Correction of chin-on-chest deformity in ankylosing spondylitis through a fracture site: a case report. *Clin Orthop*. 1985;201:193-196.

Hershman EB and Andrish JT. The team physician's bag: what to take to the game. *J Musculoskel Med*. 1985;2(9):23-27.

Hershman EB, Zazlov K and Nisonson B. Inframeniscal approach for arthroscopic resection of tears of the posterior one third of the medial meniscus. *Clin Orthop*. 1984;190:245-249.

Hershman EB. The profile to prevent musculoskeletal injuries. *Clin Sports Med*. 1984;3(1):65-84.

Hershman EB, Schulman N and Scott WN. Salvage of bilateral knee arthroplasties with pseudomonas infection: a case report. *Clin Orthop*. 1983;177:172-174.

Hershman EB and Nisonson B. Arthroscopic meniscectomy: a follow-up report. *Am J Sports Med*. 1983;11(4):253-257.

Nicholas JA, Grossman RB and Hershman EB. The importance of a simplified classification of motion in sports in relation to performance. *Orthop Clin*. 1977;8(3):499-532.

Abstracts:

McHugh MP, Gleim GW, Nicholas SJ and Hershman EB. What do knee arthrometers measure in the anterior cruciate ligament reconstructed knee? *Orthopaedic Trans*. 1996;19(1):14.

Thompson TL, Hershman EB and Nicholas JA. Diastasis of the first and second metatarsals in athletes. *Medicine and Science in Sports and Exercise suppl*. 1995;27(5):1106.

Gleim GW, Stachenfeld NS, Hershman EB and Nicholas JA. Economy of walking/jogging following ACL surgery and rehabilitation. *AOSSM Trans*, Feb 11, 1990, New Orleans

Bergfeld JA, Hershman EB and Wilbourn AJ. Brachial plexus injury in sports: a five year follow up. *Orthopaedic Trans*.

1988;12(3):734-735.

Hershman EB, Wilbourn AJ and Bergfeld JA. Brachial plexus injuries in athletes. *AOSSM Trans* Jan 21, 1987, San Francisco

Hershman EB, Wilbourn AJ and Bergfeld JA. Brachial plexus injuries in athletes. *Orthopaedic Trans.* 1986;10(3):448.

Hershman EB, Nisonson B and Scott WN. Long-term follow up of arthroscopic lateral release versus proximal patella realignment for malalignment syndrome. *Orthopaedic Trans.* 1984;(81):75.

Text Chapters:

Perryman JR and Hershman EB. The Acute Management of Soft Tissue Injuries of the Knee. *The Orthopedic Clinics of North America*. Philadelphia, PA. W.B. Saunders Company. Volume 33, Number 3. July 2002.

Hershman EB and Berg J, Brachial Plexus Injuries. In: Garrett W, Speer K and Kirkdendall, D; *Principles and Practice of Orthopaedic Sports Medicine*. New York, New York. Lippincott, Williams and Wilkins, 2000.

Montgomery K, Nicholas SJ, and Hershman EB; Anterior Cruciate Ligament Injury in Arendt, et al. *Sports Medicine Orthopaedic Knowledge Update 2*, AAOS. 1999.

Pianka G and Hershman EB. Neurovascular injuries. In Nicholas JA and Hershman EB, eds. 2nd ed. *The Upper Extremity in Sports Medicine*. St. Louis, MO: CV Mosby. 1995

Tindel N and Hershman EB. Acute brachial neuropathy. In: Torg J and Shepard RJ, eds. 3rd ed. *Current Therapy in Sports Medicine*. St. Louis, MO: Mosby-Yearbook. 1995.

Kircher M and Hershman EB. Arthroscopic cruciate ligament reconstruction. In: Nicholas JA and Hershman EB, eds. 2nd ed. *The Lower Extremity and Spine in Sports Medicine*. St. Louis, MO: Mosby-Yearbook. 1994.

Hershman EB. Injuries to the brachial plexus. In: Torg JS, ed. *Athletic Injuries to the Head, Neck and Face*. St Louis, MO: Mosby-Yearbook. 1991.

Hershman EB. Injury recognition and treatment: foot and ankle. In: Cantu R and Micheli L, eds. *ACSM Guidelines for the Team Physician*. Lea and Febiger. 1991.

Pianka GW and Hershman EB. Neurovascular injuries. In: Nicholas JA and Hershman EB, eds. *Upper Extremity in Sports Medicine*. St Louis, MO: CV Mosby. 1990.

Nicholas JA, Hershman EB and Auld K. Injuries to tendons, muscles and soft tissues. In *Practice of Surgery*. (Volume II - Orthopaedics), 1987.

Fielding JW, Hensinger RN, Bjorkergren AG and Hershman EB. Cranioatlantoaxial injuries. In: Taveras JM and Ferruci JT, eds. *Radiology: Diagnosis / Imaging / Intervention*. JB Lippincott, 1985.

Hershman EB and Scott WN. Ligamentous reconstruction of cruciate insufficient knees. In: Lippert F and Farmer J, eds. *Psychomotor Skills in Orthopaedic Surgery*. Baltimore, MD: Williams and Wilkens. 1984.

Nisonson B, Hershman EB, Yost J, Scott WN and Nicholas JA. *Principles of Sports Medicine*. Baltimore, MD: Williams and Wilkens. 1984.

Textbooks:

Nicholas JA and Hershman EB. *The Upper Extremity in Sports Medicine*. 2nd ed. St. Louis, MO: CV Mosby. 1995.

Nicholas JA and Hershman EB. *The Lower Extremity and Spine in Sports Medicine*. 2nd ed. St. Louis, MO: Mosby-Yearbook. 1995.

Nicholas JA and Hershman EB. *The Upper Extremity in Sports Medicine*. St. Louis, MO: CV Mosby CO. 1990.

Nicholas JA and Hershman EB. *The Lower Extremity and Spine in Sports Medicine*. St. Louis, MO: CV Mosby Co. 1986.

Guest Editorship:

Bharam S and Hershman EB. *The Orthopedic Clinics of North*

America Volume 33, Number 3. July 2002.

Hershman EB, Associate Editor. *Sport Medicine Orthopaedic Knowledge Update 2*, AAOS 1999.

Hershman EB: Neurovascular Injuries. *Clinics in Sports Medicine*. April, 1990.

Nicholas JA and Hershman EB: Profiling. *Clinics in Sports Medicine*. January, 1984.

Scientific Exhibits:

Schacter, A, Hershman, EB and Montgomery, K; Proximal Peroneal Muscle Avulsions. National Football League Physicians Society. Indianapolis, IN, February 2008.

Maybody, M, Dillon M, Hershman E. "Anterior Cruciate Ligament; Assessment of Normal Anatomy, Injuries, Reconstructions and Failed Reconstructions". Posted in the 103rd annual meeting of the American Roentgen Ray Society. San Diego, California, May 5-9, 2003.

Hershman EB, Andrish J and Bergfeld JA. Metabolic Aspects of Atypical Tibial Stress Fractures in Athletes. American Academy of Orthopaedic Surgery. New Orleans, Louisiana, 1986.

Submitted for Presentation:

Linder-Ganz, E; Zur, G.;Shani, J; Elsner, JJ; Brenner, O; Fox, H; Lewis, M; Arnoczky, S; Agar G; Hershman E; Shterling, A., et. al., **Can a Polycarbonate-Urethane Meniscal Implant Protect Cartilage? Histopathological Results in a Sheep Model.** Orthopaedic Research Society Annual Meeting. Las Vegas, February 22-25, 2009

Linder-Ganz, E; Zur, G.;Shani, J; Elsner, JJ; Brenner, O; Arnoczky, S; Agar G; Hershman E; Shterling, A;e et. al. **Articular Cartilage Can Bear a Polycarbonate-Urethane Meniscal Implant: Histopathological Results in a Sheep Model.** Orthopaedic Research Society Annual Meeting. Las Vegas, February 22-25, 2009

Linder-Ganz, E; Elsner, JJ; Danino, A; Guilak, F; Shterling, A; et.al. **Design of a Polycarbonate-Urethane Meniscus**

Implant: Finite Element Approach. Orthopaedic Research Society Annual Meeting. Las Vegas, February 22-25, 2009

Elsner, JJ; Linder-Ganz, E; Zur, G.; Danino, A; Guilak, F.; Shterling, A; et.al. **A Polycarbonate-Urethane Meniscal Implant: Size Increments and Population Coverage.** Orthopaedic Research Society Annual Meeting. Las Vegas, February 22-25, 2009

Presentations:

Hershman, EB, Montgomery K; Outcomes of Arthroscopic Stabilization in Football Players. National Football League Physicians Society. Indianapolis, IN, February 20, 2004.

Hershman, EB, et al; Allograft Use In the NFL. Sports Medicine 2003: A NFL Experience. San Francisco, California, May, 2003

Injury Decisions of the Team Physicians – from the field to return to play: head, neck and brachial plexus injuries in football. AOSSM Meeting in Orlando, Florida. July 2, 2002.

Nicholas SJ, D’Amato MJ, Hershman EB, et al; Does Initial Graft Tension During ACL Reconstructions Affect the Restoration of Static Knee Stability? American Orthopaedic Society for Sports Medicine. Specialty Day. Orlando, Florida, March, 2000

Simoncic J, and Hershman EB; The Fate of Internally Fixed Diaphyseal Forearm Fractures in the Professional Football Player. American Academy of Orthopaedic Surgery Annual Meeting, Anaheim, California, 1999.

Gelfand J, Kromm A, Bharami S, McHugh M, Kummer F, and Hershman EB; Patella Tendon Autografts for ACL Reconstruction. How Much Patella Can Safely Be Removed? ACL Study Group, Vail, Colorado, 1998.

McHugh MP, Tyler TF, Gleim GW, Hershman EB and Nicholas SJ. Are Pre-Operative Measures of Knee Stability, Strength and ROM Predictive of Results Following ACL Reconstruction? American Orthopaedic Society for Sports Medicine, 2nd World Congress on Sports Trauma, Lake Buena Vista, Florida, 1996.

Moorman CT, Warren RF, Hershman EB, Crowe J, Potter HG, Barnes R and Powell J. Traumatic Hip Subluxation in American

Football. American Orthopaedic Society for Sports Medicine, 2nd World Congress on Sports Trauma, Lake Buena Vista, Florida, 1996.

Scherl JD and Hershman EB. Patella Fracture in ACL Reconstruction Using Patella Tendon Autograft. American Orthopaedic Society for Sports Medicine, 2nd World Congress on Sports Trauma, 1996.

McHugh M, Gleim GW, Nicholas SJ and Hershman EB. What Do Knee Arthrometers Measure in the ACL Reconstructed Knee? American Orthopaedic Society for Sports Medicine, 1994.

McHugh MP, Magnusson SP, Henline DW, Candido KD, Hershman EB and Gleim GW. The Effect of Contractile Inhibition on Acute Adaptations of Human Skeletal Muscle During Passive Stretch. American College of Sports Medicine, Annual Meeting. Indianapolis, Indiana, 1994.

McHugh M, Spitz A, Lorei M, Nicholas S, Gleim GW and Hershman EB. The Effect of ACL Insufficiency on the Economy of Walking and Jogging. American Orthopaedic Society for Sports Medicine, 1992.

Gleim GW, Stachenfeld NS, Hershman EB and Nicholas JA. Economy of Walking/Jogging Following ACL Surgery and Rehabilitation. American Orthopaedic Society for Sports Medicine. New Orleans, Louisiana, 1990.

Briggs K, Katchis SD, Gleim GW, Hershman EB and Nicholas JA. The Effects of Leg Weakness on the Cardiovascular System. Orthopaedic Research Society. New Orleans, Louisiana, 1990.

Thompson TL, Hershman EB and Nicholas JA. Diastasis of the First and Second Metatarsals in Athletes. American Academy of Orthopaedic Surgery. New Orleans, Louisiana, 1990.

Moskwa A, Hershman EB and Nicholas JA. Diaphyseal Forearm Fractures in Professional Football Players. American Academy of Orthopaedic Surgeons, American Orthopaedic Society for Sports Medicine. Las Vegas, Nevada, 1989.

Hershman EB, Bergfeld JA and Wilbourn AJ. Brachial Plexus Injuries in Athletes. American Orthopaedic Society of Sports

Medicine. San Francisco, California, 1987.

Hershman EB, Bergfeld JA and Wilbourn AJ. Brachial Plexus Injuries in Athletes. American Academy of Orthopaedic Surgery. New Orleans, Louisiana, 1986.

Hershman EB, Nisonson B and Scott WN. Long-Term Follow Up of Arthroscopic Lateral Release versus Proximal Patella Realignment for Malalignment Syndrome. American Orthopaedic Society Sports for Medicine. Williamsburg, Virginia, 1983.

Lectures:

Effect of Athletic Field Surface on Injury Rates. Orthopaedic Grand Rounds. Mt. Sinai Department of Orthopedic Surgery May, 2008

Treating Patellofemoral Pain with Realignment: Proximal or Distal? New York Society of Orthopaedic Surgeons. Mt. Sinai School of Medicine. New York, New York. October 14, 2006.

Surgical Management of Patellofemoral Pain. Sports Medicine Symposium. Medical College of Wisconsin. Milwaukee, Wisconsin. March 24, 2006.

Operative Treatment of Patellofemoral Disorders. Advanced Topics in Management and Treatment of Knee Disorders. Sports Medicine Symposium. Fashion Institute of Technology. New York, NY. October 31, 2004.

Brachial Plexus Injuries. Spring Training: 7th Annual Spring Sports Medicine Conference. Minneapolis, MN. June 11, 2004.
Operative Approach to Patellofemoral Disease. Spring Training: 7th Annual Spring Sports Medicine Conference. Minneapolis, MN. June 10, 2004.

What's New in Knee Surgery. Sports Medicine Symposium. Hospital for Joint Disease, New York. June 2, 2003.

Ligament injuries in baseball. First Annual Baseball Symposium "Talkin' Baseball". New York. November 7, 2003.

What's Hot in Knee Surgery. Sports Medicine Symposium, New

York University Medical Center. June 3, 2002.

Complications of ACL Surgery. Sports Medicine Symposium. New York, New York. June 4, 2001.

Meniscus Repair Techniques, American College of Sports Medicine. New York, New York, November 20, 1999.

Complications of ACL Surgery. Orthopaedic Grand Rounds. Mount Sinai Medical Center. New York, New York. May 1998.

Autogenous Chondrocyte Transplantation. Association of Operating Room Nurses. Lenox Hill Hospital. New York, New York. January 1998.

Current Trends in Knee Ligament and Soft Tissue Surgery and Rehabilitation. NY Physical Therapy Association's Annual Meeting. Rye, New York, 1996.

Graft Failure in ACL Surgery. Nassau Surgical Society Meeting. Uniondale, New York. December 1996.

Brachial Plexus Injuries in Athletes. Orthopaedic Grand Rounds. Schriener's Hospital for Crippled Children. Springfield, Massachusetts. January 1996.

Transient Quadriplegia - Management of Cervical Stenosis in the Athlete. Advanced Team Physician Course. Scottsdale, Arizona. February 1996.

Initial Evaluation and Management of Cervical Spine Injury. American Orthopaedic Society for Sports Medicine. 2nd World Congress on Sports Trauma, 1996.

Visiting Professor. Functional Adaptation of the ACL Deficient Knee. Orthopaedic Grand Rounds. Mt. Sinai Medical Center, New York. January 1996.

Current Concepts: Brachial Plexus Injuries in Athletes. American Orthopaedic Society for Sports Medicine. Specialty Day. February 1995.

Brachial Plexus Injuries in Athletes. Kansas City Orthopaedic Club. April 1995.

Forearm Fractures. Sports Medicine 1994: An NFL Perspective. American Orthopaedic Society for Sports Medicine. March 1994.

Foot and Ankle Problems in Athletes. American Medical Society for Sports Medicine. Annual Meeting, 1993.

Rehabilitation of the ACL Surgery Patient. American Academy of Orthopaedic Surgery. Summer Institute, 1993.

Functional Deficits in ACL Deficient Patients. New York Academy of Medicine. November, 1992.

Surgical Options in ACL Deficient Patients. CME course on Accelerated Rehabilitation of the Knee. New York, 1992.

Medial Collateral Ligament Injuries. Meadowlands Sports Symposium. November, 1991.

Pelvis and Lower Extremity Stress Fractures, Forefoot Problems. Team Physician Course, American College of Sports Medicine. Orlando, Florida, 1991.

Evaluation and Treatment of Lower Extremity Injuries. Cabrini Medical Center, New York, 1991.

Decision Making in the ACL Deficient Knee. Sports Medicine Symposium. Medical College of Wisconsin, 1990.

The Musculoskeletal System in Adulthood: Concerns Regarding Activity and Aging. American College of Sports Medicine. New York, May, 1989.

Performance Demands of Tennis. The Medical Aspects of Tennis. New York, New York, April 1988.

Athletic Injuries of the Ankle. Sports Medicine Conference. Somerset Medical Center. Sommerville, New Jersey, April, 1988.

Adolescent Injuries in Athletics. Current Topic in Sports Medicine, New York Academy of Medicine. April, 1988

Head and Neck Injuries in Athletes. Sports Medicine

Symposium. Sandusky, Ohio, 1985.

Ankle Injuries in Athletes. New York Academy of Medicine. New York, New York, 1985.

Common Sports Injuries. New York Academy of Medicine. New York, New York, 1985.

Orthopaedic Trauma. New York Society of Critical Care Nursing. 1982, 1984.

Visiting Professorships:

Functional Adaptation to ACL Injury. Winthrop-University Hospital. Mineola, New York. October 1997.

U.S. Army Joint and Soft Tissue Trauma Fellowship. Keller Army Hospital. West Point, New York. January 1997.

Bay State Medical Center. Springfield, Massachusetts. January 1996.

Functional Adaptation in ACL Deficient Knees. Truman Medical Center. Kansas City, Missouri, April 1995.

Course Instructor:

Instructional Course Lecture. Cervical Spine and Brachial Plexus Injury. American Orthopaedic Society for Sports Medicine. 1993, 1994, 1995.

Summer Institute. Cruciate Ligament Reconstruction. American Academy of Orthopaedic Surgery. 1993.

Workshop in Operative Arthroscopy. Lenox Hill Hospital. New York, New York. 1983, 1984.

Instructional Course Lecture. Foot problems in Athletes. American Academy of Orthopaedic Surgery. 1988, 1989, 1990.

Career Honors:

Castle Connelly America's Top Doctors
2004, 2005, 2006, 2007, 2008

Castle Connelly Top Doctors: New York Metro Region,
2002, 2003, 2004, 2005, 2006, 2007, 2008

SuperDoctors, New York Times, 2008 (First Year)

Maurice Cowen Memorial award for excellence in resident
teaching. 1989, 1999.

Program Chairperson:

Interim Meeting. American Orthopaedic Society for Sports
Medicine. San Francisco, California, 1993.

Trans-Pacific Meeting. Japanese Orthopaedic Society for Sports
Medicine - American Orthopaedic Society for Sports Medicine.
Maui, Hawaii, 1993.

Annual Meeting. American Orthopaedic Society for Sports
Medicine. Sun Valley, Idaho, 1993.

Workshops:

American Board of Orthopaedic Surgery / Academic Orthopaedic
Society. A clinical curriculum for orthopaedic surgery residency
programs. 1990.