

**Curriculum Vitae**  
**Thomas Marcus Mick, MD**

**Education:**

Undergraduate: *University of Notre Dame* South Bend, Indiana  
Double Major: Preprofessional Studies and Philosophy (*Magna cum Laude*)  
BS conferred May 1988  
*Centre International D'Études Françaises, L'Université Catholique de l'Ouest*  
Angers, France  
Certificate in French, June -- July 1985

Medical School: *University of Chicago, Pritzker School of Medicine* Chicago, Illinois  
MD conferred June 1995

Graduate Training: *Mt Sinai School of Medicine* (NIH Grant K30, Clinical Research Training Program), NYC  
Masters of Science in Clinical Research conferred May 2008

**Board Certification:**

*American Board of Internal Medicine*  
Diplomate in Internal Medicine, certificate number 207573  
Certified for the period of August 2001 – August 2011  
*American Board of Internal Medicine*  
Certificate of Added Qualification in Sports Medicine  
Certified for the period of August 2007– August 2017

**Training and Employment:**

Sports Medicine Physician  
*Manhattan Orthopaedics, LLC* New York, NY  
May 2008 - current

**Research Fellowship:**

*Mt Sinai School of Medicine, Bronx VA;* New York, NY  
Psychopharmacology and Outcomes Research, fellowship funded by VA MIRECC and NIH  
April 2006 – April 2008

Staff Internist and Psychiatrist  
*Guam Veteran's Administration Clinic;* US Naval Hospital, Guam  
Jan 2004 – Mar 2006

Staff Internist  
*Commonwealth Health Center,* Saipan  
Sept 2003 – Oct 2003

Sports Medicine Physician  
*Guam Orthopedic Associates;* Tamuning, Guam  
Sept 2002 -- Aug 2003

Staff Psychiatrist,  
*Department of Mental Health and Substance Abuse,* Guam  
Sept 2002 – Aug 2003

**Primary Care Sports Medicine Fellowship:**

*The Cleveland Clinic Foundation; Cleveland, Ohio*  
Primary Care Sports Medicine  
August 2001 -- July 2002

**Residency:**

*Rush Presbyterian St. Luke's Medical Center; Chicago, Illinois*  
Combined Residency in Internal Medicine/Psychiatry  
July 1996 -- June 2001

**Internship:**

*University of New Mexico; Albuquerque, New Mexico*  
Emergency Medicine  
June 1995 -- June 1996

**Work Experience:**

High School Teacher  
*Academy of the Sacred Heart; Chicago, Illinois*  
January 1992 -- June 1992

Staff Associate

*American Medical Association; Chicago, Illinois*  
January 1990 -- November 1990

High School Teacher, Football and Track Coach

*Cardinal Hayes High School; Bronx, NY*  
Archdiocese of New York, Inner City High School Volunteer Service Program.  
August 1988 -- August 1989

**Publications:**

1. "What Kind of Physical Examination Does a Young Athlete Need Before Participating in Sports?", Mick TM, Dimeff R, *Cleveland Clinic Journal of Medicine*, 2004 Jul 71; 587-597.
2. "The Controversy over Steroids", Mick T. *Treatment Today*, 1997 Winter, 9; 1:28-29.
3. "Les Effets Psychiatriques des Steroides Anabolisants", Pope HG, Mick T. *Médecien et Hygiène*, 1995 Aug 15; 53:1570-74.
4. "Pharmaceutical Funding and Medical Students", Mick T. *JAMA*, 1991 Feb 6; 659, 662-64.

**Reviews:**

*Journal of Psychiatric Research* PR641

"Hypersensitivity of 5-HT<sub>2</sub> receptors in OCD patients. An increased prolactin response after a challenge with meta-chlorophenylpiperazine and pre-treatment with ritanserin and placebo."

**Sports Medicine Appointments:**

U20 Rugby Football Union World Championships  
USA Team Doctor; Tbilisi, Georgia May/June 2011

Churchill Cup Medical Director  
NYC June 2010

Asian 5 Nations, Test Series  
Guam Team Doctor, Jakarta Indonesia June 2010

Hunter College, Team Physician  
NYC May 2008 - current

Asian 5 Nations, Division Three Test Series  
Guam Team Doctor, Manila June/July 2009

USA Select 15 vs. England Counties Rugby Match,  
Medical Director; NYC, June 2008

USA Rugby, Regional Medical Consultant

2008 - ongoing  
NYAC Rugby Football Club  
Assistant Coach, Oct 2007 – Oct 2008  
Assistant Team Physician, Oct 2007 – May 2009  
IRB, Rugby Test Match. Guam vs. India  
Team Physician, Guam Rugby Football Union; Mumbai, India; June 2007  
Hong Kong Sevens,  
Guam Women's Team Physician, Mar 2006  
Asian Rugby Sevens Qualifying Tournament for the IRB Sevens World Championships,  
Guam National Rugby Team Physician; Kandy, Sri Lanka; Sept 2004 and Sept 2005  
IRB Rugby World Cup Qualifying Tournament  
Guam National Rugby Football Union Team Player (Lock) and Team Physician (Guam vs. India  
(Guam), Guam vs. Kazakhstan (Almaty), Guam vs. Malaysia (Kuala Lumpur), June 2005  
Asian Football Confederation Championships,  
Team Physician for Guam U-19 Women's Soccer Team; Suzhou, China; May/June 2004  
Olympic Football (Soccer) Asian Qualification Tournament,  
Team Physician for Guam Women's National Soccer Team; Hiroshima, Japan; Apr 2004  
Asian Football Championships,  
Team Physician for Guam Under 17's Boys Soccer Team; Paju City, South Korea; Oct 2003  
South Pacific Games,  
Guam National Team Physician; Suva, Fiji; June 2003  
FIFA Medical Officer and Head Team Physician,  
Guam National Soccer Team, Mar 2003 – Jul 2004  
Guam Governor's Council of Physical Fitness and Sport,  
Medical Consultant, 2003  
Guam Rugby International Tournament,  
Tournament Physician, 2003 – 2006  
Kowloon Tens Rugbyfest,  
Tournament Physician; Hong Kong, 2003  
Cleveland Browns, Cleveland Cavaliers, AHL Cleveland Barons Hockey, WNBA Cleveland Rockers, John  
Carroll University  
Sports Medicine Fellow, Participated in care of professional and college teams listed above; Aug  
2001 – Jul 2002  
Mentor High School  
Team Physician, Aug 2001 – Jul 2002  
Cleveland Indians Spring Training 2002  
Sports Medicine Fellow, one week observer under direction of Head Team Physician

**Conference Chairman:**

*Guam Medical Society, Sports Medicine Conference* March 1-2, 2003  
Hyatt Regency, Guam

**Presentations:**

Interview on Artist First Radio Network, Sports Injury Forum  
"Sports Injuries in Rugby Players"  
March 13, 2011

USA Rugby Sports Medicine Symposium  
Current Concepts in Shoulder Instability – Roundtable Discussion  
Las Vegas, Nevada Feb 2011

The Rugby Academy  
"The science, symptoms, treatment, and care of the concussed rugby player"  
Washington, DC Feb 2011

### Poster Presentation

*Twelfth Annual Research Colloquium for Junior Investigators; American Psychiatric Association Corresponding Committee on Research Training.*

“F-MRI Study of Anger in Anabolic Androgenic Steroid Users as assessed by an Anger inducing Narrative: A pilot study”.

San Diego, California; May 20, 2007

### Case Presentation

*Sports Medicine Conference Designed for Athletic Trainers and Physicians; Cleveland Clinic Foundation Department of Sports Health.*

“Transient Quadraparesis in a Hockey Player” and “Sudden Death in a Figure Skater”, both presented at the Huron, Ohio; June 7-9, 2002

### Abstract Presentation

*Cleveland Clinic Foundation, Department of Orthopedics.* “Comparison of Sports Drinks on Substrate Oxidation during Exercise” presented at the 12<sup>th</sup> Annual Department of Orthopedics Research Presentations. Cleveland, Ohio; June 14, 2002

### Grand Rounds Presentations:

*Rush Presbyterian St Luke’s Medical Center, Department of Psychiatry; Chicago, Illinois*

“Exercise and Psychiatry”

*Cleveland Clinic Foundation, Department of Orthopedics, Section of Sports Medicine; Cleveland, Ohio*

“Sudden Cardiac Death” September 17, 2001

“Concussion” October 17, 2001

“Medical Problems in the Athlete I” January 23, 2002

“Medical Problems in the Athlete II” January 30, 2002

“The Athletic Spine” February 8, 2002

“Psychology and Athletes” February 23, 2002

“Rehabilitation of Athletic Injuries” March 6, 2002

“Osteoarthritis in the Athlete” March 8, 2002

“Muscle Physiology, Injury, and Repair” June 5, 2002

“Leg, Foot, and Ankle Problems in the Athlete” June 14, 2002

### **Research:**

General Clinical Research Center, Mt. Sinai School of Medicine  
New York, New York

Awarded \$20,000 intramural CreFF (Clinical Research Feasibility Funds) award for GCO # 06 -1123 “F-MRI Study of Anger in Anabolic Androgenic Steroid Users as assessed by an Anger inducing Narrative: A pilot study”. April 2007 – April 2008

Clinical Research Center, University of Chicago

Chicago, Illinois

I formulated, directed, and obtained funding for research into the physiological and behavioral effects of high dose testosterone on normal male subjects. The U. of C. Clinical Research Center, the U.S.O.C., the Dept. of Psychiatry, and the Brain Research Center funded the work. July 1992 -- January 1993

### **Honors:**

Rhodes Scholar (alternate for Great Lakes Region), 1987

School Record Holder in Hammer Throw, University of Notre Dame, 1987 -- 2006

Indiana Collegiate State Record Holder in Hammer Throw, 1988--1992

Top Student Athlete in University – Byron V. Kanaley Award; Notre Dame, 1988

Academic All American, 1988

Invited Competitor at the United States Olympic Trials in Track and Field, 1992

Competed for USA in Track and Field Internationally, 1992

MVP Chicago Track Club, 1992  
Sponsored by Nike, 1992 to 1993  
International Test Rugby Player for Guam, 2005

**Languages:** Comfortable with written and spoken French; elementary written and spoken Japanese

**Interests:** Travel, Photography, Scuba